

*Scoil Náisiúnta Eochaille Ara  
Youghalarra National School*

*Health and Safety Policy*

*Youghalarra National School* has a Health/Safety and welfare at work policy in place. The aim of this is the welfare and protection of every person in our care. We endeavour to provide a safe and healthy environment and to promote positive health behaviour.

The policy document is available for viewing at school by any parent who wishes.

Your attention is drawn to the following extracts.

**Accidents and Emergencies:**

In the event of an accident or emergency at school, it is the policy to contact the parents and inform them. If they cannot be contacted, teachers if deemed necessary will accompany the child to a doctor/casualty.

Consent for such a situation is already on the enrolment form i.e. when your child begins school.

**Teacher awareness:**

Teachers must be made aware **in writing** of any condition or disability present in any child in their class, which may have a bearing on the child's education or development i.e. asthma or allergies, etc.

**Medicines:**

It is school policy that staff does not administer medicines to pupils in school.

Children are **not** allowed to bring any medicines to school, prescription or non-prescription. However if a child has a condition that necessitates medication to be taken during the school day it is the parent's responsibility to make suitable arrangements for this (i.e. calling in person). Asthmatic children who need to bring an inhaler to school are expected to be able to self-administer.

The staff or the school cannot be responsible for negligent use of inhalers.

For pupils with Diabetes Type 1 in Senior classes:

1. The Pupil may possess and use a mobile phone to contact parents/guardians with sugar level readings and information and concerns regarding his/her condition only.  
The phone must be kept on silent at all other times.
2. The parents will provide the school with 3 hypo-kits containing lucozade, a snack bar, energy tablets, glucogel. One hypo-kit will be kept in the child's classroom, one in the fridge in the staffroom and one for when the child will be travelling away from the school.
3. The child with Diabetes Type 1 will take sugar level readings and inject insulin in the classroom. This will help to normalise the procedure for the child and facilitate him/her eating immediately after taking insulin which is vitally important. The pupil will take the used insulin pen and glucose monitor strip home for disposal.
4. A folder is available in the staffroom containing all information about the child's condition e.g., symptoms, procedures to be followed, phone number. All the teachers and the S.N.A. are aware of the location and contents of this folder.

5. If the child's teacher is absent and the children are dispersed among other teachers, the child will follow the same routine as normal and as outlined in number 3 above.
6. If the child's teacher is absent and a substitute teacher is replacing her, the substitute teacher will be informed by the Principal of :
  - (a) the child's condition,
  - (b) the symptoms,
  - (c) procedures to follow in the event of an emergency,
  - (d) the location of the hypo-kits.

The substitute teacher will be given time at the start of the day to read through the child's folder.

7. If the child falls ill the teacher in charge of the child at that time must stay with the child and send another child to get:
  - (a) help from a teacher and
  - (b) bring the hypo-kit to the child.

### **Tobacco/Alcohol/Drug use:**

Our school is a non-smoking, alcohol/medicine/drug free area.

### **Mobile Phones:**

For health and safety reasons, mobile phones are not allowed in school at any time.

“If a child is found in possession of a mobile phone, it will be confiscated and kept for 3 days before being returned!”

### **Birthday Invitations:**

Birthday party invitations are not to be distributed on school grounds please.

### **School Lunches:**

In line with the Health and safety Policy of the school and endeavouring to encourage healthy eating habits the following foods are allowed during school time.

Allowed:	Milk Water	Fruit juice Hot drink	Sandwiches Vegetables	Fruit Yoghurt	Soup
Disallowed:	Sweets Fizzy drinks	Crisps Popcorn	Biscuits Cereal Bars	Chewing gum Chocolate Bars	

These disallowed items will be confiscated. Children are not allowed visit the shop during school time. We ask parents to assist us in encouraging healthy eating for the sake of the children's general health and overall well-being.